

GOOD TO-GO OATMEAL

Ingredients and Allergens

INGREDIENTS: (notice how many you can pronounce!)

Gluten-Free Rolled Oats (Whole Grain Oats), Whole Grain Quinoa Flakes, Dried Zante Currants, Coconut Sugar, Raw Sunflower Seeds, Raw Pumpkin Seeds, Banana Flakes (Dehydrated Banana), Unsulfured & Unsweetened Shredded Coconut, Chia Seeds, Hulled Hemp Seed Hearts, Ground Cinnamon, Sea Salt, Ground Turmeric, Cardamom

THIS PRODUCT IS MADE IN A FACILITY THAT HANDLES PEANUTS, DAIRY, EGGS, SOY, TREENUTS, FISH & CRUSTACEANS